

Experience

In private practice since 2012

Official Intern member of the Canadian Professional Counsellors Association

413 hours of supervised practicum experience

143 direct therapy hours working with adult survivors of torture at the Vancouver Association for Survivors of Torture (VAST) 2011-12

72 direct therapy hours working with school age children at Seymour Elementary in Vancouver East Side 2011-12

35 hours of Expressive Arts group facilitation for adults with a mental health diagnosis at The Kettle Friendship Society 2011-12

Education

Expressive Arts Therapy (Post-Graduate Certificate Diploma program)
Langara College, Vancouver, BC, Canada 2010-12

Gestalt two-chair technique (10 week workshop)
Vancouver Gestalt Center, Vancouver, BC, Canada 2011

Self Management and Recovery Program (SMART)
(7-week addictions training program)
Vancouver Coastal Health, Vancouver, BC, Canada 2011

Introduction to Addictions Counseling
Vancouver Community College, Vancouver, BC, Canada 2010

Gestalt Awareness Process Group (10 week workshop)
Vancouver Gestalt Center, Vancouver, BC, Canada 2010

The Enneagram in Education (8 day Retreat) Claudio Naranjo Foundation, Puebla, Mexico	2006
Gestalt Dream Work (Weekend intensive) Gestalt Institute, Mexico City, Mexico	2006
Thai Massage (25 hr Introductory training) Lanna Thai Massage School, Chiang Mai, Thailand	2005
Bachelor of Fine Arts Concordia University, Montreal, QC, Canada	2001-03
Transpersonal Psychotherapy (Diploma program) including:	
Bioenergetics	25 hours
Psychodrama	25 hours
Gestalt	25 hours
Holistic Massage	25 hours
Music Therapy	25 hours
Hypnosis	25 hours
Dreams and contemplation	25 hours
Intercontinental University, Mexico City, Mexico	1997
Montessori Early Childhood Education (Diploma program) Center for Development and Communication, Mexico City	1996-97
Creative Writing (2 year Diploma Program) General Society of Mexican Writers' School, Mexico City	1995-97
Bachelor of Fine Arts National Center of the Arts (CNA), Mexico City, Mexico	1994-97

Languages

English
Spanish